

## NEWSLETTER Thursday 23rd May 2024

Dear Parents,

I can hardly believe that it's almost half term! Please read on to see what we have been up to...

### LANDSCOPE LEARNERS

**CLASS ONE** - In Outdoor Explorers Class One have been learning all about the importance of plants and how we can care for them. As part of this learning, they got busy making wildflower 'seed bombs' – I'm sure they will provide some fabulous blooms for us and the wildlife!



### CLASS TWO

In Class 2, our new literacy text this term is 'The Slime Book: Everything You Need to Make The Perfect Slime'. We have immersed ourselves in the book by discussing how to write instructions. Of course, we needed to make slime to test out how good the instructions were!



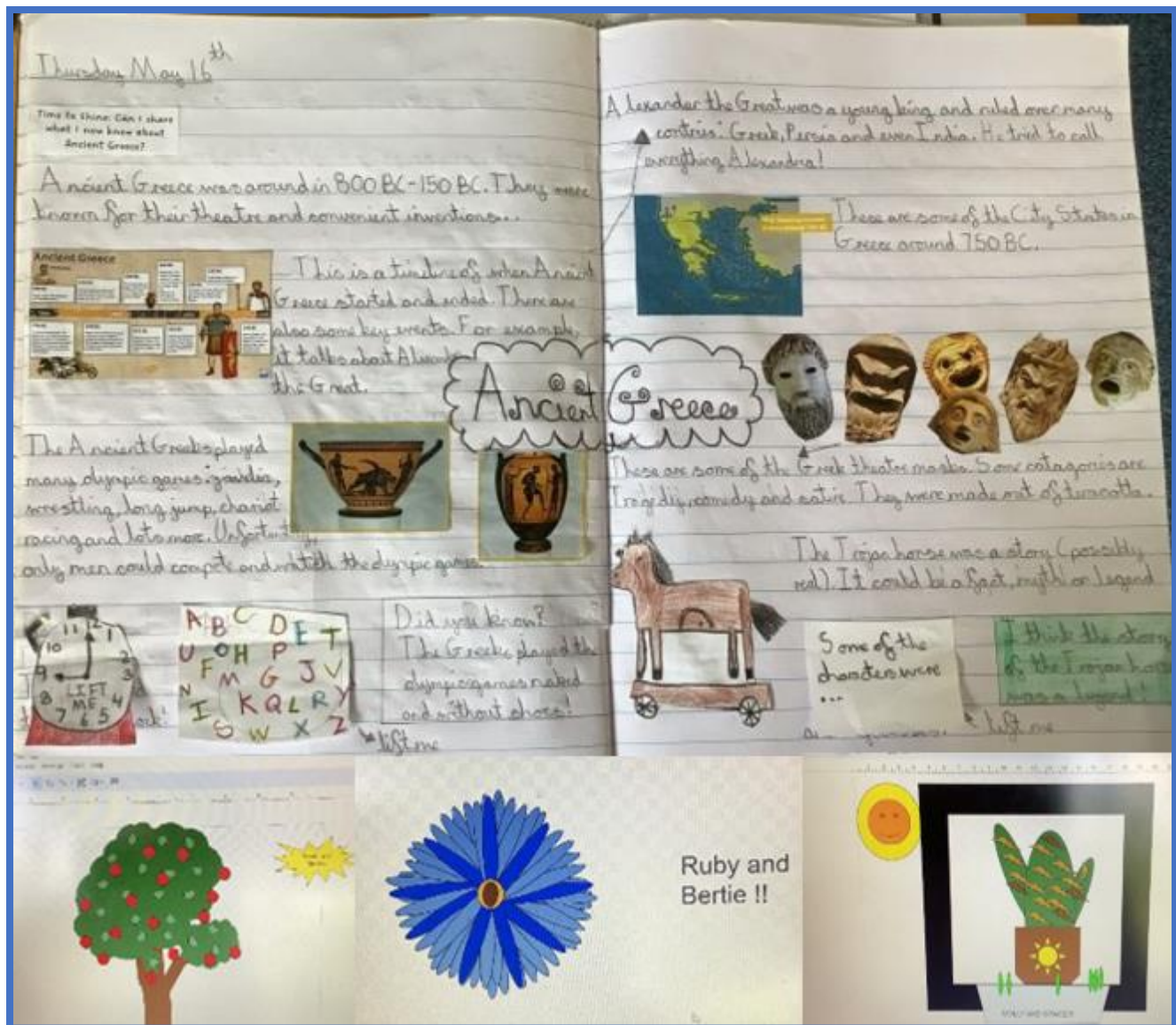
### CLASS THREE

Class Three attended two amazing sporting events organised and lead by Mr Tanner. The first, was a football festival where Class Three proudly represented Landscope, and the other was the Invasion Games Day. All the children thoroughly enjoyed playing frisbee and handball against many other schools within the Link Academy and they won the coveted sportsmanship award! Well done Class 3!





**CLASS FOUR-** have been fairly busy! In computing we have been learning about Vector Drawings and how to layer objects to create nature images. In History the children have been showcasing their learning on the Ancient Greeks. They were amazed to learn how much the ancient Greeks have influenced our current world.



Class 4 have also succeeded in completing Phase 1 of their Greek Masks. They built layers of Modroc, carefully shaping the exaggerated features. Well done for showing such perseverance and working well supporting each other.



### ETHOS & VALUES

After speaking to a volunteer from CED, who explained to us about the difficulties school children in Tanzania face each day in accessing clean drinking water, we would like to do something to help. Raising £140 would pay for a 1,000-litre tank for people with greatest needs. We would be really grateful if you would consider following some of the top water saving tips and use some of the money you save to donate to our JustGiving page.

### TOP WATER SAVING TIPS

- Avoid keeping the tap running when you are cleaning your teeth – this uses about 5 litres of water
- Try reducing the amount of time spent in the shower
- Use dirty water from baths, showers, or washing up to water plants

**Further tips and advice can be found on this website:**

<https://www.southwestwater.co.uk/savewater>



**Landscape Ethos Group – Ruby, Molly, Tom, Beth, Orla E, Isla M, Thank you!**

### REMINDER

Don't forget that summer is here, and we need to think about making sure that the children have appropriate sun protection, especially during the lunch break and PE lessons. Next half term please make sure your child has a hat and some sun cream that can be applied if required. Please also ensure both items are clearly named. If they aren't then I can guarantee that, sooner or later, they will be lost!

### FOLS ~ A message from Michelle

Thank you to everyone who helped and supported our cupcake decorating and fruit kebab sales, we hope the children enjoyed these.

- Thank you for supporting bags2school we raised £100 for FOLS.
- Last thank you to all of you who have signed up for ice lolly sales, this kicks off after half term, 7th June so don't forget your 50p. We still have a few gaps in the rota so please put your name down for a Friday afternoon if you can.
- Summer Fair will be – Friday 12th July - any ideas or offers of help are extremely welcome. We would like to extend an invite again to any external stall holders, please let friends or family know £15 per table, places are limited.
- Friday 7th June (every Friday thereafter this half term) – Ice lolly sales 50p
- Friday 12th July – Summer Fair
- Tuesday 24th September – FOLS AGM 3:30pm at school, children can go into afterschool club free of charge whilst parent attends.

Thank you all for your continued support, hope you have a great half term break.

**Many thanks, Michelle.**

## SAFEGUARDING & ATTENDANCE

Attendance: (Our school target is 97%)	
Whole school	95.3%
Class 1	91.4%
Class 2	98.3%
Class 3	94.0%
Class 4	93.9%
Well done to Class 2!	

A study from the British Psychological Society found that the majority of children (71%) had at least one close friend as early as five years old. These connections can form rather quickly and develop with equal speed. At such a young age, it can be remarkable how suddenly two children can hit it off with one another. However, it is deeply important that children can recognise both the features of a healthy relationship, as well as the potential signs of a less healthy dynamic. This guide offers some top tips on reinforcing the formation of healthy friendships among children and young people.

[10 Top Tips for Parents: Encouraging Healthy Friendships \(nationalcollege.com\)](https://www.nationalcollege.com/10-top-tips-for-parents-encouraging-healthy-friendships)

If you are concerned about a child's wellbeing, please contact the school or in non-school hours contact MASH on 0345 155 1071. Our designated safeguarding lead is Mrs. Ryder and the deputy safeguarding lead is Mr. Ansermoz.

**10 Top Tips for Parents and Educators ENCOURAGING HEALTHY FRIENDSHIPS**

Navigating the complexities of childhood and adolescent friendships can be challenging – but with the right guidance, children and young people can cultivate meaningful, supportive relationships, some of which may last for many years. These top tips provide a comprehensive approach to fostering healthy friendships among children and young people. It's important to remember, however, that each child is different, and will require an individual approach to relationship support.

- 1 GRANT FRIENDSHIP OPPORTUNITIES**  
Encouraging children and young people to join extracurricular activities can foster healthy friendships by providing shared interests and common ground. Engaging in these pastimes offers a platform for interaction, consensus, alleviating the social pressure of knowing what to say, and helps children develop meaningful connections.
- 2 LEAD BY EXAMPLE**  
The children and young people in our lives see how we behave. The interactions that we see inside and the interactions between us and others. When we model healthy friendships, we set an example and help young people to understand what healthy friendships look like and how to navigate them.
- 3 HELP THEM LOVE THEMSELVES**  
Healthy friendships aren't just about dynamics with other people. They are about our relationship with ourselves. For overall wellbeing, it's important for a child to have the space to build their self-esteem and a positive self-image, as these factors can have a notable influence on the friendships they form throughout life.
- 4 MONITOR SCREEN TIME**  
Too much screen time can affect some children's wellbeing in general, but it can specifically impact friendships. It results in fewer positive social interactions, in some cases, reducing screen time and encouraging children and young people to find ways to interact face-to-face can have positive results. It is also important to remember that young people can make positive friendships online, but they will require support to do this safely.
- 5 TEACH PROBLEM-SOLVING**  
Inevitably, friendships can run into problems. However, this is also an opportunity to support children and young people to work through any difficulties that may arise. It can be tempting to intervene and try to fix these issues for those involved, but before there are positive results of resolving conflict or managing difficult situations for themselves we can help them create stronger friendships.
- 6 EMPOWER THE CHILD**  
When we give children and young people the confidence to choose their friends, navigate interpersonal boundaries and decide how they want to interact with the different people around them, we empower them to take control of the friendships they have. When young people feel in control of these things, they're more likely to make positive choices and remove themselves of signs of a negative relationship.
- 7 TEACH EMPATHY**  
Healthy friendships don't always mean 'perfect'. Sometimes, disagreements can happen. When we teach children and young people to have empathy, we help them to see both sides of a situation. As a result of the challenges a friend might be facing or whatever else might be going on, this can help children and young people to build stronger friendships.
- 8 BE OPEN TO QUESTIONS**  
Talking to young people about their friendships, when they spend time with and when they interact with can open the door to questions. If they have concerns, worries, or queries may be straightforward, but if we are receptive to discussion from the student, young people are more likely to come to us for help when they are older as well.
- 9 UNDERSTAND BOUNDARIES**  
One of the keys to a healthy friendship is honouring boundaries. This can include anything from respecting personal space and belonging to acceptable language and behaviour. Understanding the importance of setting these limits and upholding those set by others can help children and young people figure out their boundaries and feel comfortable enforcing them. They're more likely to call someone out if they go too far.
- 10 SPOT THE SIGNS**  
We can't always guarantee young people sometimes, we need to step back and give them some space. However, it's important to consider any indicators that they may be struggling in their friendships. Are they becoming increasingly irritable? Does their behaviour alter when they've been with their friends? Are they becoming withdrawn or reluctant to take part in certain activities? These could all be signs that they're finding things difficult, and we should remain alert to such changes.

**Meet Our Expert**  
Becky Dawson is an experienced educator who has worked in primary and secondary schools for 23 years. She is a facilitator, consultant and coach working with young people and the adults who work with them, who focus on developing understanding and skills around mental health, wellbeing and safeguarding.

**WakeUp Wednesday**  
The National College

Use of this guide so at their own discretion. No liability is entered into. Current as of the date of release: 22.05.2024

## DATES FOR YOUR DIARY

24.5.24	Class 3 Forest School Day
24.5.24	BREAK UP FOR HALF TERM 3:30pm
3.6.24	Back to school
5-7.6.24	Class 4 residential at Pixies Holt
14.6.24	Class 1 visiting Marine Aquarium
14.6.24	Class 2 Forest School Day
17.6.24	NSPPC Speak out. Stay safe, Y2, Y5 & Y6 workshops a.m.  <b>1:15 Landscope's Traditional Sports day with Mr Tanner –this will be for the whole school Reception – Y6. This is a slight departure from previous events but should be easier for families to attend one event rather than two. It will be a lovely heart-warming afternoon!</b>
18.6.24	School photographer – class and leavers' photos
28.6.24	Class 4 Forest School Day
1-2.7.24	Y3/4 Forest & Beach camping trip
5.7.24	Classes 1&2 Clip and Climb adventure
12.7.24	Class 3 Forest school day
17.07.24	Whole school First Aid Workshops for children
23.7.24	Leavers service @ St Matthew's 10am

That's all the news for now. Have a lovely half term.

Jill Ryder.