

NEWSLETTER Thursday 27th June 2024

Dear Parents,

The last two weeks seem to have been rather full! Please read on for all the latest news.

LANDSCOPE LEARNERS

CLASS ONE

Class One had an amazing adventure at the National Marine Aquarium! Their day began with an interactive, guided tour of the aquarium, during which they learnt all about different marine environments and the sea creatures that live within them. In the afternoon, the children continued their learning about marine environments with a 'habitat hats' workshop. Thank you for being such enthusiastic and curious, little marine scientists Class One!



CLASS TWO

Thank you again to The Outdoors Group for another wonderful day at the Broadhempston community woodland. Class 2 had a great day fire lighting, making dens, climbing trees, making wood cookie necklaces and spotting features of the woodland! Thank you to Lucy, Laurie and Mrs Pearse for joining us for the day and ensuring we had enough hands-on-deck to enable the day to go ahead!





CLASS THREE

In science this week class three used salt on drum skins to see the effects of sound when striking the drum. They learned about the vibrations creating the sound, sound waves, loud and quiet noises and the link between the loudness of a sound and the size of the vibrations.



Year 6 have enjoyed the opportunity to take part in bikeability and show their proficiency in cycling on the road. We're pleased to say that all those who took part achieved level 2. Well done!



CLASS FOUR

Class 4 had great fun this week meeting The Doodlers! They had to use their knowledge of electrical circuits and components to investigate the Doodlers and troubleshoot them when they stopped working, great work Class Four, although I'm not sure Mrs Neville would appreciate the fine art produced!



SAFEGUARDING & ATTENDANCE

Attendance: (Our school target is 96.8%)	
Whole school	93.6%
Class 1	95.7%
Class 2	97.2%
Class 3	90.7%
Class 4	91.8%
Well done to Class 2!	

Football's European Championship is now well underway, and this huge event could potentially get children interested in having a go on the pitch themselves – or perhaps they're already passionate about sport. It could present a great opportunity to get young people engaged in physical activity and regular exercise, which has proven positive impacts on all facets of their health – including mental and emotional wellbeing.

With all that said, it can sometimes be difficult to get children and young people motivated to take part in sports and other exercise, but there are certainly ways to do so. This guide provides you with some top tips from our expert on how to encourage young people to stay active and remain invested in their physical welfare. Please use the link below to read this guide in full.

At The National College, our [WakeUpWednesday](#) guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, blogs and tips, please visit [nationalcollege.com](#).

10 Top Tips for Parents and Educators PROMOTING PHYSICAL WELLBEING

Physical activity isn't only beneficial for our bodies; it also plays a role in promoting mental wellbeing. With both the Euros and the Olympics this summer, it's an opportunity to engage young people in regular exercise which can reduce stress, improve mood and boost self-esteem. Despite these benefits, many children face barriers to participating in physical activity.

- 1 MAKE IT FUN**
Incorporate activities that children enjoy, such as playing games or dancing. Knowledge participation in team sports or group activities for fun social connections and a sense of belonging.
- 2 MIX MOVEMENT WITH LEARNING**
Educational settings can incorporate movement breaks and physical activities to enhance focus, concentration and cognitive function. Embedding exercise into the curriculum can also enhance learning and stimulate creativity. Revision walks, with podcasts and flashcards can benefit older learners.
- 3 CREATE OPPORTUNITIES**
Provide clear chances for physical activity throughout the day, both indoors and outdoors. Schools can encourage active play during breaks and at lunchtimes, while limiting screen time at home can help keep children up and about.
- 4 PROVIDE POSITIVE REINFORCEMENT**
Praise and encourage children for their efforts and achievements in physical activity. Recognise their progress and celebrate their successes to reinforce positive behaviours. Encourages could do this in several ways, such as applauding their efforts at assemblies or celebrating their accomplishments in newsletters.
- 5 VARIETY IS KEY**
Introduce a selection of physical activities to keep children engaged and prevent boredom. From swimming and cycling to yoga and martial arts, trying different types of exercise can help children to discover what they enjoy most.
- 6 ENJOYMENT OVER COMPETITION**
Encourage children to focus on the enjoyment of physical activity rather than winning or achieving perfection. Emphasise effort, improvement and having fun rather than outcomes, to minimise the amount of stress that children can sometimes associate with sports and other competitions.
- 7 SET REALISTIC GOALS**
Help children set achievable physical activity targets based on their interests, abilities and preferences. Celebrate their progress and successes to maintain motivation and enthusiasm.
- 8 MAKE IT ACCESSIBLE**
Ensure that children have access to safe, suitable spaces for exercise at home, at school and in the community. Advocate for inclusive environments which accommodate diverse needs and abilities. Be aware that in your community if facilities aren't already available.
- 9 LEAD BY EXAMPLE**
Parents and carers can be positive role models by prioritising their own exercise and involving children in their fitness routines. Doing work, bike rides or sports activities can be wonderful opportunities for bonding and staying active together.
- 10 ENCOURAGE PERSISTENCE**
Help children develop resilience and perseverance by encouraging them to overcome challenges and setbacks in physical activity. Reinforce the importance of persistence and the value of effort in achieving their goals.

Meet Our Expert
Adam Abbott is a learning and development specialist who, as well as working for [WakeUpWednesday](#), is also a vice principal for personal development at a large secondary school in Barnsley. He was asked to be part of an expert research group for the Department for Education, one of only three school leaders to be asked to do so.

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If you are concerned about a child's wellbeing, please contact the school or in non-school hours contact MASH on 0345 155 1071.

Our designated safeguarding lead is Mrs. Ryder and the deputy safeguarding lead is Mr. Ansermoz.

<https://nationalcollege.com/guides/promoting-physical-wellbeing>

Moving to secondary school ~ Tools to support the Year 6 transition
As children transition from Primary School to Secondary, they experience many digital firsts, with many getting their first smartphone.

Help them understand the possible risks and benefits of going online with our resources for parents, carers and teachers to use at home and in the classroom.

<https://www.internetmatters.org/resources/moving-to-secondary-school-online-safety-guide>



CAR PARK

I have been asked to mention considerate use and parking in our car park. Most parents tend to use a one-way system entering on the far side and exiting on the field side of the carpark. This really does keep things safe and moving. Do please remember not to park in front of the bins (reserved for taxi only) in the entrance of the carpark or on the cross hatches. Please also take care at the end of the road; when there are cars parked on the corners it can be tricky to see oncoming traffic. Thank you for your support with this.



OUR SCHOOL FIELD

Our school field is a no-dogs area, there is signage, but we have noticed some parents over there with their four-legged friends – please keep to the external footpath and away from the school field. Thank you.

ETHOS & VALUES

Members of the Landscope Eco Group visited MVV in Plymouth yesterday. They learned how MVV use household waste from Plymouth, Devon and the Torbay area to create steam which is used to heat the Dockyard and Naval Base. Additionally, they learned how important it is to reduce, re-use and recycle. Thank you to Jade and Lucy for showing us around and teaching us all about the Energy from Waste.



ASHBURTON CARNIVAL FUN RUN 4th JULY

Some of you may be interested in entering the following... I'm pretty sure there be a Landscope staff team running, so why not run with them?!

Entries are open for the Ashburton Carnival Fun Run which is being held on Thursday 4th July at 6.15pm.

Entries are available on the night but it's cheaper to enter in advance at <https://buy.stripe.com/8wM7tt8g68Ht9c4144>.

Under 16 runners - £4.00 in advance, £5.00 on the day

16 and over runners - £4.00 in advance, £5.00 on the day

📍 The runs starts and finishes at Cleder Place

🏅 Special Ashburton Carnival medal for all finishers

👨‍👩‍👧 Parents welcome to run with their child

🏁 Distance is 2.3 miles

🕒 10 Collect numbers from outside the Bay Horse from 5.00pm onwards

🍷🍦 An ice cream van and a pizza truck will be available for refreshments

🦆 Duck race will be held after the race (approximately 7pm). £1 to enter.

Prizes for the 1st and last ducks

💧 Water will be available halfway around and at the finish



FOLS ~ A message from Michelle

Please sign up to help at the Summer Fair if you can. The sign-up sheet is going up outside the office today. We really need as many people as possible to help make this the fun event it always is. Get in touch through fol@outlook.com if you want to know what each role entails. Thank you to everyone who has signed up so far!

SUMMER FAIR 12th JULY 3:30pm

We hope that you will support and enjoy our fabulous Summer Fair!

* Pimms * BBQ * Ice-Lollies * Floor is Lava * Tombolas * Song Machine * Games * Second-Hand Uniform * Plants * Stocks * Cakes * 100 club * Books * Prizes * Glitter Tattoos * Crafts *

- Friday 28th June (every Friday thereafter this half term) – Ice lolly sales 50p
- Friday 12th July – Summer Fair
- Friday 19th July – Mufti Day in exchange for bottle / prizes for the Tombolas for the Fair (donations can be brought in anytime from now onwards)
- Tuesday 24th September – FOLS AGM 3:30pm at school, children can go into afterschool club free of charge.

Thank you all for your continued support. Many thanks Michelle.

SPORTS DAY

It was lovely to see so many of you at Sports day. The weather did the honourable thing and stayed fine for an afternoon of fun. The children thoroughly enjoyed themselves and we hope you did too!



DATES FOR YOUR DIARY

28.6.24	Class 4 Forest School Day
1-2.7.24	Y3/4 Forest & Beach camping trip
5.7.24	Classes 1&2 Clip and Climb adventure
10.7.24	Class 3&4 GoApe Adventure day
12.7.24	Class 3 Forest school day
23.7.24	Leavers service @ St Matthew's 10am
23.7.24	Last day of term 3.30pm finish (No After school club on this day)

That's all the news for now. Have a good weekend.

Jill Ryder.

Do come to the Landscove Village Fete, enjoy all the things they have to offer and see our wonderful Song Machine performing!

LANDSCOVE VILLAGE FETE

13TH JULY 2024
4PM - LATE

RAFFLE
MUSIC
KIDS GAMES+RACES
TUG O WAR
HOG ROAST
TEA + CAKE
BAR
STALLS
+ MORE!

Enquiries please email meandeast@hotmail.com