



Landscape C of E Primary School
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NEWSLETTER Thursday 24th October 2024



Dear Parents,

Can you believe the first half term is already over?! It's been such a busy half term and I'm sure lots of the children are ready for a break. Read on to see what they have been up to.

LANDSCOVE LEARNERS

Here are just a few photos from Class One's wonderful morning at Totnes Rare Breeds Farm. The children enjoyed exploring the farm, learning about the animals and feeding them. Meeting the various owls, going in the goat enclosure and cuddles with the guineapigs were extra special moments (and seeing the steam train was an added bonus!)



Class 2 had a fantastic Friday afternoon down in our new forest school area! We had some free play and exploring as well as making leaf rubbings, tree paintings, den building and making our fabulous leaf crowns! What a lovely way to end a busy week!



Classes 3 & 4 were thrilled to have Courtney Arnold visit to deliver Print workshops. The children created their own design to cut into tiles before applying layers of printing ink. The children absolutely loved the process and were so proud of their final pieces. We hope Courtney and Tanya also had a good time!



WE ARE AUTHORS... Visiting Author Simon James

Laughter and joy filled all our classrooms last week as each class met author Simon James. He made an instant positive impression with the children, and they absolutely loved hearing about his creative process. They were full of questions for him as he took us through his writing and illustrating journey. Everyone was left feeling very inspired to create their own story books as part of our Authors Week.

Class 4 were particularly thrilled that he created an illustration right in front of their eyes and left it with them, dedicated to the class. My job is to get this framed during half term. Huge thanks to FOLS for their support and enabling us to have such great workshops!



CLASS 4 STAFFING NEWS

It is with much sadness and a lot of soul searching that Mrs Jo Lunt has decided the time is right to step away from teaching and consider a different career pathway. As a former scientist I am guessing she will be sought after in her 'other' field! We wish Jo every success wherever her next adventures take her, but will be most sad to lose her warmth, care and skills. She has only been with us for a short time, but her calm presence has filled the school in the nicest of ways!



Rest assured that the recruitment process is underway, and we will keep you informed when a decision has been made about who will be teaching alongside Mrs Neville. I will take the time to discuss this transition with the children and will explain that this is a positive and natural part of school life, as one chapter ends a new one begins.

ECO GROUP - LIFT SHARES

Our Eco group have been working hard on being environmentally friendly and sustainable – with many ideas for us to cut our carbon footprint. With this in mind they have asked that I actively encourage you all to lift share to benefit our local environment. Job done! 😊

SAFEGUARDING & ATTENDANCE

Whole school	97.1%
Class 1	96.6%
Class 2	95.2%
Class 3	98.3%
Class 4	97.1%
Well done to class 3!	

[Tips for Supporting Children to Build Emotional Resilience](#)

This free guide provides expert advice on how to nurture self-esteem in children and young people and help them to effectively process difficult feelings.

If you are concerned about a child's wellbeing, please contact the school or in non-school hours contact MASH on 0345 155 1071. Our designated safeguarding officer is Mrs. Ryder, and the deputy safeguarding officer is Mr. Ansermoz

ETHOS, VISION & VALUES

Our values that we will be sharing with the children after half term are peace and courage. Please see the link below for activities you can do at home linked to these areas.

[Landscape Church of England Primary School - Our Values & Collective Worship](#)

10 Top Tips for Parents and Educators
SUPPORTING YOUNG PEOPLE TO BUILD EMOTIONAL RESILIENCE

With increasing societal pressures, many children struggle with managing emotions, facing challenges and processing failure in a healthy way. This is why building emotional resilience in young people is vital for their mental health and personal success. This guide provides practical strategies for parents and educators to help children develop resilience and foster confidence, adaptability and a positive mindset.

- 1 ENCOURAGE OPEN COMMUNICATION**
 Regularly engaging children in open dialogue fosters trust and emotional expression. Encourage them to share their thoughts and feelings freely without judgment. Set aside time daily, perhaps during dinner, to ask open-ended questions such as, "What's made you happy today?". This encourages children to express themselves openly.
- 2 MODEL POSITIVE BEHAVIOUR**
 Children often learn how to manage emotions by observing adults. By modelling calm and positive responses to challenges, you can teach them valuable emotional management skills. If you've had a difficult day, verbalise how you're feeling and explain how you plan to handle it, such as "I'm a bit worked-up, so I'm going for a walk to clear my mind."
- 3 TEACH PROBLEM SOLVING SKILLS**
 Helping children break down challenges into manageable steps encourages a proactive mindset. Explain that every problem has a solution, even if it's not immediately obvious. For example, if a child is stuck on homework, support them in breaking the task into smaller steps, saying things like "Let's focus on just this first question for now."
- 4 FOSTER A GROWTH MINDSET**
 Encourage young people to view mistakes as learning opportunities. A growth mindset helps them see setbacks as part of the process, rather than something to be upset about. After a child loses a game or performs poorly on a test, for example, ask them what they've learned from the experience. This reinforces the idea that effort – and even failure – leads to improvement.
- 5 PROMOTE SELF-CARE PRACTICES**
 Teaching children about self-care helps them understand the importance of balancing work with relaxation to maintain emotional wellbeing. Parents and carers could start a screen-free hour before bedtime where the family engages in relaxing activities like reading, setting an example to the child for how to unwind.
- 6 BUILD HEALTHY RELATIONSHIPS**
 Strong relationships with peers and adults provide a support system that enhances resilience. Encourage positive, respectful interactions to develop social skills. Playdates or group activities can be instrumental in teaching children how to resolve conflicts with friends by modelling and practicing calm communication.
- 7 SUPPORT EMOTIONAL AWARENESS**
 Helping children to identify and name their emotions allows them to manage those feelings more effectively. When a child is upset, encourage them to talk to you about what they're feeling in an empathetic and supportive manner, and ask them why they might be experiencing these emotions.
- 8 ENCOURAGE INDEPENDENCE**
 Giving children opportunities to make their own decisions builds confidence and problem-solving skills. A good example of this would be letting children choose and pack their own lunches for school, guiding them with options but allowing them to assume responsibility for the task to help them take ownership.
- 9 DEVELOP COPING STRATEGIES**
 Teaching children techniques like mindfulness, deep breathing or journaling can help them to manage stress. Show them how to perform breathing exercises when they're feeling anxious, and practise this regularly. Reinforcing this behaviour in young people will make it easier for them to use these techniques of their own accord during stressful moments.
- 10 CELEBRATE SMALL WINS**
 Recognising effort, no matter how small, reinforces perseverance and encourages children to keep trying. After a child completes a difficult task, makes progress on a project or reaches another type of personal goal, praise their efforts. Emphasise the hard work they've put in and be sure to let them know how proud you are!

Meet Our Expert
 Adam Gillett is Associate Vice Principal for Personal Development at Penistone Grammar School and works on Wednesday one day a week for Minds Ahead, which works with schools on improving their mental health provisions.

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FOLS – A message from Michelle

Wow what an amazing night we had at the movie and silent disco! It was fantastic to see how excited the children were, and it really was a brilliant evening which we hope to run again. Thank you as well for all the support and helpers on the night. A massive thank you has to go to our teacher DJs they really went above and beyond! We hope the children all had lots of fun. As an added bonus we raised £370 for FOLS funds.

A big thank you to everyone who has supported all our fund-raising activities this half term, I'm pleased to say we have raised a total of ~ £534 ~ this is from bag2school, Christmas card sales and the silent disco / movie night.



What we have spent so far ~

- £220 – Picture News
- £43.79 – Reading books for class 2
- £160 – Lino cutting workshops classes 3 & 4
- £450 – Whole school author visit.
- £1986.77 – Continuing improvement of forest school area.

Thank you to those of you who have sourced raffle prizes. Please look out for the Christmas Fair raffle tickets coming out this week. Get ready to sell sell sell! The draw will take place at the Fair. You will have received 3 books of raffle tickets per child along with a list of amazing prizes. Please sell as many tickets as you can to friends, neighbours and family. If you need any more just let us know via email fols@outlook.com or ask Mrs Grant who has a supply in the school office. This is such a great way to raise money for the school as every ticket sale is a profit. Please return money together with sold and unsold books to Mrs Grant before the Fair. You can also do a bank transfer to the FOLS account with reference 'raffle' sort code – 51-61-18 account number – 72005696.

Dates after half term ~

- 6th December – Christmas Fair.
- 16th December – 'Santa Run' during the school day.

Thank you all again for your continued support and we hope you have a lovely half term break.

Many thanks,

Michelle

COMING UP- DATES FOR YOUR DIARY

25th Oct	Break up for half term
2nd Nov	Song Machine performing at the breakfast market in Landscope

Next half term...

5th & 7th Nov	Parent consultation evenings – Bookings available on eschools
13th Nov	Class 4 Morwellham Quay educational visit
14th Nov	Class 3 Forest school day @ community woodland in Broadhempston
18th Nov	Song Machine singing at Ashburton House
21st Nov	Class 4 Forest school day @ community woodland in Broadhempston
29th Nov	Song machine performing in Trust Choir concert.
4th Dec	EYFS/KS1(classes 1&2) Nativity @ St Matthew's 2pm 6pm KS2 Christmas performance 1 for Class 3 families
5th Dec	KS2 Christmas Performance 2 for Class 4 families
20th Dec	End of term carols in church – bring your singing voices and join us at 2:45pm for a good old sing song!

Well, the first half term has flown by. I wish everyone a lovely half term break - Happy holidays!

Jill Ryder.

